



RESIDENTIAL CHORAL CAMPS

DISCOVERING THE JOY OF SINGING

presented by
NOVA SCOTIA
CHORAL FEDERATION
since 1979

BERWICK - NOVA SCOTIA for singers ages 8.5 - 13

AUGUST -16-22, 2009

About Sing Summer

Sing Summer is the Nova Scotia Choral Federation's choral camp program for children, youth and adults. Since 1979, over 6,000 singers of all ages have enjoyed excellent choral training experience and great summer vacations as Sing Summer participants. Many singers, conductors and visiting staff have told us our affordable, enjoyable and high-quality choral camps are the best in Canada!

Junior Choir Camp

JCC offers a fun-filled week of music and social activities in a safe and happy environment. Children explore different types of choral styles together as they learn about singing techniques, reading music and good musical habits in a supportive and stress-free setting. There are also lots of fun activities including outdoor games, sing-songs, a mystery night, a beach trip, arts & crafts and drama. 'Hollywood' talent night is always a high spot and everybody makes new friends! The week ends with a concert for family members and friends.

In 2009 we are presenting one week of Junior Choir Camp so space will be limited. Registrations will be taken on a first come first served basis until we reach maximum capacity. If you register before April 1st you can take advantage of our early bird rate so don't hesitate, register now!

Who May Attend?

Any child between the ages of 8 1/2 and 13 who is keenly interested in learning about music through singing is welcome. Parents of boys please note, music at Junior Choir Camp is for the unchanged voice. For more information please contact the Nova Scotia Choral Federation at 902 423-4688 or toll free in Nova Scotia at 1-888-672-3969.

Guest Conductor

Dr. Mark Sirett is the Artistic Director of the Cantabile Choirs of Kingston, an award-winning multi-choir programme involving eight choirs and 300 choristers. He is a native of Kingston and a graduate of Queen's University. He holds both masters and doctoral degrees in choral conducting and pedagogy from the University of Iowa and has taught at the University of Western Ontario, the University of Alberta, Bucknell University (PA) and Queen's, where he currently directs the Queen's Choral Ensemble. Dr. Sirett is frequently in demand as a guest conductor, choral clinician and adjudicator. He has directed the Ontario Youth Choir, the Alberta Honours Children's Choir, the Amabile Choirs of London and the Waterloo Region High School Festival. This year he has appeared as choral clinician for the Nova Scotia Music Educators Conference, the Ontario Vocal Festival, and ChoralFest in Edmonton AB. In July he will conduct *Unison*, the annual choral festival held on Parliament Hill and the National Arts Centre in celebration of Canada Day. Dr. Sirett is also an award-winning composer. He has over 60 published compositions with various publishing houses in Canada, the US, Britain, and Sweden.

Notes to Parents ...

The staff-to-camper ratio is approximately three children to every staff member (this includes music staff, counsellors, gofers, and activity leaders.) Each cabin of 5-7 campers is under the constant supervision of a live-in counsellor. Campers eat in a large dining room at the centre of camp. Rehearsals and activities take place in a roofed, open pavilion and enclosed rehearsal halls as well as classrooms and recreation areas. Our excellent kitchen staff makes sure camp meals are ample, nutritionally balanced and appealing. A qualified nurse is in permanent residence throughout the week. Please note, your registration cannot be processed without a completed medical form!

THINGS YOU NEED TO KNOW ABOUT OUR SING SUMMER CAMPS

CAMP PHILOSOPHY

The Nova Scotia Choral Federation is committed to the development of excellence. Sing Summer choral camps are first and foremost about developing and expanding singing and conducting choral skills in a pleasant and encouraging atmosphere. We are privileged to work with a variety of well-qualified music, activity and administrative staff and caregivers with individual styles who encourage campers to explore their choral skills and their creativity in a spirit of respect for all staff and for each other.

REGISTRATION

You can register for camp in person or by mail at Nova Scotia Choral Federation, 1113 Marginal Road, Halifax, Nova Scotia B3H 4P7. Registrations are accepted on a first-come, first-served basis. Payment and the completed medical form must accompany a registration in order to secure a place. Registrations will be accepted for camp until the program has reached capacity.

METHOD OF PAYMENT

Please note you can register in two installments or pay the full fee. Both options qualify for the early bird registration of April 1. Please do not send cash in the mail. Cheques and money orders must be made payable to the Nova Scotia Choral Federation. Please note there is a \$20 fee for any returned cheque! If a cheque is returned, future payments will be accepted in cash or by money order only. Specific fees are listed on the registration form. Your full fee is refundable up until seven days before camp begins. After this date a \$50 administration fee applies and a full refund will be considered only for documented medical reasons.

DIETARY RESTRICTIONS

Meals at camp are well balanced and nutritious. Snacks are available from the kitchen. For those with special dietary needs some accommodation may be made. Please contact the NSCF office to discuss what can be available. If there is an extraordinary dietary requirement the camper will be expected to provide his/her own food.

Sing Summer camps will not be nut-free unless a camper has identified a life-threatening allergy. In this case, camp will be a nut-free zone for that specific week only. However, in such a case we cannot guarantee there will be no risk of exposure. Campers are strongly discouraged from bringing 'care packages' and snacks to camp.

SPECIAL NEEDS AND DISABILITIES

If a camper has disabilities that cannot be handled by regular camp staff, as determined by the executive director in consultation with the camp nurse or other appropriate medical personnel, a personal caregiver or family member must accompany this camper to camp and must cover his or her own cost of room and board.

MEDICAL FORMS, HEALTH, WELFARE AND BEHAVIOUR

The medical form which is required with the registration includes behavioral, mobility, psychological and other such issues. It is essential that parents complete this form as thoroughly as possible. If issues are not reported fully and problems arise as a result of non-disclosure, camp staff have authority to take action. This may include sending the camper home with no fee refund. A camp nurse is in residence during the Junior Camps and there is a medical clinic next door to the camp.

BURSARIES

To ensure the widest access to our programs, NSCF keeps fees as low as possible and provides bursaries and scholarships for Junior and Youth Choir Camps, as well as bursaries and professional development assistance for adult members.

Bursaries are awarded based upon need. To apply please contact the federation office and ask for a bursary form. Forms are also available on line at www.nscf.ns.ca The deadline for bursary applications is June 15.

Sing Summer Code of Conduct for all Participants

The Code of Conduct outlines expected behaviour during camp. A participant is defined as "any person, adult or child, who is involved in an activity in any capacity."

1. Nova Scotia Choral Federation's Sing Summer Camps (Junior, Youth, Adult and Nova Scotia Youth Choir) will not tolerate acts of discrimination and/or harassment on the basis of race, national or ethnic origin, colour, age, religion, sexual orientation, marital status, family status, or disability. Any acts of abuse by any participant will not be tolerated.
2. Only Adult Choir Campers and staff of legal age may smoke in the designated smoking area and they must be careful.
3. No alcohol or illegal substances may be brought to or consumed at camp.
4. The privacy of the individual is to be maintained at all times. No person shall disregard another's privacy as it regards to personal belongings, accommodation or hygiene facilities.
5. Participants must be punctual for all rehearsals and classes as they are scheduled.
6. Participants are asked to sign in when they arrive and sign out when they leave the campgrounds. Parents or designated adults sign for minors.
7. No participant will engage in acts of criminal or civil disobedience as outlined by the laws of Canada, for example, theft, vandalism (graffiti), assault, etc.
8. Actions and behaviours that jeopardize the safety of the participant or the group will not be tolerated.

Nova Scotia Choral Federation

1113 Marginal Road, Halifax, Nova Scotia B3H 4P7
Telephone 902-423-4688 Toll Free 1-888-672-3969 Fax 902-422-0881
www.nscf.ns.ca office@nscf.ns.ca

NOVA SCOTIA CHORAL FEDERATION JUNIOR CHOIR CAMP

REGISTRATION, PERSONAL HEALTH RECORD AND WAIVER REQUIRED FOR ALL CAMPERS

The Junior Choir Camp fee is \$355. Save \$25 by registering on or before before April 1 and save with the EARLY BIRD FEE. A \$100 deposit and must accompany your application in order for it to be processed. Fees are payable by cheque or money order payable to Nova Scotia Choral Federation. The balance is due by July 3. Note: We encourage you to register early to guarantee a spot. Enclosed is:

\$100.00 deposit and I owe you final payment by **due July 3, 2009** of \$230.00 (**early bird**) \$255.00 registered after April 1

or

\$330.00 full early bird payment (on or before April 1) or \$355.00 full payment (after April 1)

Please note that this registration will not be processed without a deposit or the completed medical information included below.

A Junior Choir Camp T-shirt is included in the registration fee. Please select size: adult S__ adult M__ adult L__

CAMPER'S NAME _____

HOME PHONE _____

HOME ADDRESS _____

DATE OF BIRTH _____

PROV.HEALTH INS # _____

EXPIRY DATE (/ /)

DOCTOR'S NAME _____

NAME INS. IS UNDER _____

DOCTOR'S PHONE _____

OTHER HOSPITAL INS # _____

NOTIFICATION IN CASE OF EMERGENCY

PARENT/GUARDIAN TO BE NOTIFIED 1ST

PARENT/GUARDIAN TO BE NOTIFIED 2ND

ADDRESS DURING CAMP _____

ADDRESS DURING CAMP _____

PHONE DURING CAMP _____

PHONE DURING CAMP _____

The parent or guardian knows of no health or others reasons why the applicant cannot participate in camp activities except as identified on the health form. It is assumed that the parent or guardian will know his/her child's condition or, will seek competent advice before completing the form. The parent or guardian will notify the Camp Nurse (JCC only) or Camp Director if, for any reason, this permission should be withdrawn or changed.

I (name of parent/guardian - *please print*) _____, under circumstances enumerated below, hereby authorize the Camp Nurse (JCC only) or Camp Director to secure such medical advice and services as may be deemed necessary for the health and safety of my child.

I agree to assume financial responsibility in excess of the benefits allowed by the Provincial Health Plan:

1. Where the health and/well-being of the applicant is involved,
2. Where medical advice has been such that further services are required - services which require the consent of the parent or guardian.
3. Where all attempts to contact the parent or guardian have failed or where due to the nature of the emergency there is insufficient time to contact such parent or guardian.

It shall be the discretion of the Camp Nurse or Camp Director as to what steps must be taken for the welfare and safety of the applicant.

I agree that neither the Nova Scotia Choral Federation (NSCF) nor the Berwick United Church Camp (Camp) nor their officers, staff or volunteers shall be held responsible or liable in anyway whatsoever for any personal injury, debt, or property loss incurred by this applicant while attending the choir camp and its activities.

By signing this release I confirm that I have read, understood and accept all the conditions contained herein. I have also read the code of conduct and agree to its conditions.

Signature of parent or guardian _____ Date _____

Note: Every care and attention will be given to the health and comfort of the campers but the Camp Nurse (JCC only) or Camp Director cannot be held responsible for any accidents that may occur. The personal health record form must be returned as directed. This information is confidential.

NAME _____ HEIGHT _____ WEIGHT _____

1. Please list any dietary concerns of the camper. If camper is vegetarian, please check off which items the camper does eat. <input type="checkbox"/> Not Vegetarian <input type="checkbox"/> Vegetarian but s/he eats: <input type="checkbox"/> eggs <input type="checkbox"/> cheese <input type="checkbox"/> fish <input type="checkbox"/> chicken	Other dietary concerns including food allergies:
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2. Please list other allergies such as drugs, insect stings, grass, animals, etc. the applicant is subject to. Please give details of treatment should condition indicated occur and specify what medication the Camp Nurse may give the camper.
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3. Please list any medications the applicant is bringing to camp. These medications must be clearly labeled with the camper's full name and appropriate dosage and handed to the Camp Nurse upon arrival at Junior Choir Camp. Youth Choir camper participants may keep their medications in their room.
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4. Should applicant develop a headache, fever or vomiting, please indicate what medication the Camp Nurse may administer by placing a check in the box.	<input type="checkbox"/> ASA <input type="checkbox"/> Ibuprofen <input type="checkbox"/> Tylenol	<input type="checkbox"/> Gravol <input type="checkbox"/> None <input type="checkbox"/> Other - specify _____
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5. Please list any chronic medical, behavioral conditions such as ADD, ADHD, asthma, heart trouble, epilepsy, ear aches, tonsillitis, nose-bleeds, etc. Please elaborate on separate sheet if this may help us ease the camper's transition into camp life.

6. Please list any additional problems the Camp Nurse and child's counsellor should be aware of, e.g. learning difficulties, sleepwalking, nightmares, night terrors, bed wetting, etc.

7. Note blood type (if known) and past illnesses, recent operations, injuries, etc. Please list if camper has had scarlet fever, measles (what kind) mumps, chicken pox, rheumatic fever, whooping cough, appendectomy, glandular fever, or diphtheria.	Blood type: A+ A- B+ B- AB O+O- Illness, operations, injuries (please list)
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8. Date of last tetanus shot: _____ Are immunizations up to date (pertussis, polio, smallpox) Girls: Has the menstrual process been explained? Has your daughter started her menstrual period?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No
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9. Has there been any recent major crisis such as death in the family, separation or divorce that the camper may still be coping with? If so, what and how recently did it occur?

10. Has the camper experienced any other form of stress that s/he is still coming to terms with?
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Name of person(s) who will arrive to take the camper home if other than parent/guardian:

To the best of my knowledge and with exception of the above, this camper is in good health.

Signature _____ Date _____

I wish to share a cabin with (2 choices) _____